

# CDP/MLD Treatment Options for Lymphedema Patients in New England as of June 2003

(CDP: Complete Decongestive Physiotherapy; MLD: Manual Lymph Drainage)

Compiled by Greater Boston Lymphedema Network (former Lymphedema Support Group, Greater Boston Area): (781) 894-2309. Information not necessarily complete.

**Each lymphedema patient is advised to check the credentials and training of their therapists.** There are not yet any official training standards for CDP/MLD in the USA. However, the National Lymphedema Network (NLN) advises on its website (www.lymphnet.org): **“ We feel that a minimum of 80 hours of instruction is desirable and that above 120 hours is ideal.”**

## Some information about different schools or courses teaching CDP/MLD:

### Foeldi School in Germany:

Course length: 180 hours, 20 days. Accepted as students: MD, PT, MT

### Dr. Vodder School of North America:

Course length: 160 hours, 20 days. Accepted as students: MD, RN, PT, OT, MT

### Dr. Bruno Chickly, Lymph Drainage Therapy, Upledger Institute

Course length: 140 - 170 hours, 18 - 22 days. Accepted as students: MD, RN, PT, OT, MT, Physician Assistant, PTA

### Lerner Lymphedema Services Academy:

Course length: 135 hours, 14 days. Accepted as students: MD, RN, PT, OT, MT

### Academy of Lymphatic Studies, Joachim E. Zuther

Course length: 135 hours (+), 14 days. Accepted as students: MD, RN, PT, OT, MT

### Casley-Smith method, Lymphedema Therapy Center, Roswell, GA

Course length: 135 hours, 14 days. Accepted as students: MD, RN, PT, OT, MT

### (Guenter) Klose Norton Training & Consulting

Course length: 135 hours, 13 days. Accepted as students: MD, RN, PT, OT, MT

### Bergel Edema-Lymphedema Management, Compression Physical Therapy (CPT) Workshop:

Course length: 100 hours, 10 days. Accepted as students: RPT, PTA, DC, OT, RN, LVN, ATC, LNP, possibly MT

### LeDuc Lymphedema Management Method:

Course length: 48 hours, 6 days. Accepted as students: MD, PT, OT

### Linda Miller Breast Cancer Lymphedema Course:

Course length: 32 hours, 4 days. Accepted as students: PT, OT

### Barbara Feltman Lymphedema Management of the Upper and Lower Extremities:

Course length: 24 hours, 3 days. Accepted as students: PT, OT

## Doctor-supervised CDP/MLD treatments:

### Massachusetts:

#### Lahey Lymphedema Treatment Center

##### Lahey Clinic

41 Burlington Mall Road  
Burlington, MA 01805

(781) 273-8474

Physician: **Dr. Nicholas Tsapatsaris**, Vasc. Med.

N.P.: **Cynthia Johnson**

CDP therapists: **Denise McIntosh**, P.T. (Zuther, Vodder)

**Jessica (Lloyd) McDevitt**, P.T. (Lerner)

#### St. Elizabeth's Lymphedema Treatment Program, St. E's Med. Center (617) 562-7014

736 Cambridge Street

Boston, MA 02135

Physician: **Dr. Kathleen Hogan**

CDP therapists: **Patrice Dykens** (Lerner) (617) 562-5643

#### BayState Medical Center, Dept. of Rehab.

759 Chestnut Street

Springfield, MA 01199

(413) 794-7030

Physicians: **Dr. Gerda Maissel**, **Dr. Nicholas Spellman**

CDP therapists: **Tracie Klekotka**, P.T. (Lerner) 413-794-4279

**Martha Harrington**, PTA (Lerner, LANA)

### Maine:

#### Lymphedema Treatment Program

Mercy Hospital, Breast Health Resource Center

144 State Street

Portland, ME 04101

(207) 879-3790

Physicians: **Dr. Melinda Molin**, **Dr. Mary Ahn**

CDP therapists: **Gayle Hickok** (Vodder)

**Angela Dwyer** R.N. (Vodder)

## CDP/MLD Treatments Available in Hospital Settings:

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### Massachusetts:

Athol Memorial Hospital Athol, MA 01331	(978) 249-6315 CDP/MLD therapist: <b>Ruth Coopee</b> , O.T. (Vodder)
BayState Medical Center, OT & PT Dept. 3300 Main Street, Suite 2A, <b>Springfield, MA</b> 01199	(413) 794-7025 CDP/MLD therapist: <b>Joanne Brown</b> , OTR/L (Vodder)
Berkshire Medical Center, Rehab. Dept. <b>Pittsfield, MA</b> 01201	(413) 447-2214 CDP/MLD therapists: <b>Patricia Doyle</b> , O.T. (Vodder) <b>Bridget von Jeetze</b> , MSPT (Vodder)
CapeCod Hospital, Rehab. Center 130 North Street, <b>Hyannis, MA</b> 02601	(508) 771-9600 x 226 or 243 CDP/MLD therapist: <b>Brenna Quinn</b> , OTR/L (Lerner, Klose) <b>Mary Lou Zurlinden</b> , OTR/L (Klose)
Caritas Southwood Hospital in Norfolk 111 Dedham Street <b>Norfolk, MA</b>	(508) 668-0385 ext. 277 CDP/MLD therapists: <b>Cindy Brennan</b> , P.T. (Vodder) <b>Pauline Wilhite</b> , P.T. (Vodder)
Cooley Dickinson Rehab Services, Easthampton 179 D Northampton Street <b>Easthampton, MA</b>	(413) 527-7970 CDP/MLD therapists: <b>Kathy J. Fleming</b> , PT (Vodder, Foeldi) <b>Jane Truehart</b> , PTA (Vodder), <b>Karyn Shippee</b> , PT (Vodder) <b>Margaret Chappuis</b> , PT (Vodder)
Emerson Hospital, Physical Therapy Dept. 133 ORNC, <b>Concord, MA</b>	(978) 287-3760 CDP/MLD therapists: <b>Eileen Maloney</b> , P.T. (Feltman)
Emerson Hospital, Westford Site 133 Littleton Road, <b>Westford, MA</b>	(978) 589-6850 CDP/MLD therapist: <b>Leslie DeMers</b> , P.T. (Feltman) <b>Gerry Dybel</b> , P.T., Sc.D. (Miller)
Fairlawn Rehabilitation Hospital and Outpatient Center <b>Worcester, MA</b> 01602	(508) 791-6351 ext. 103 CDP/MLD therapist: <b>Chris Joseph Mahoney</b> , O.T. (Bergel)
Fallon Clinic 135 Gold Star Boulevard, <b>Worcester, MA</b> 01606	(508) 856-9510 CDP/MLD therapist: <b>Diane (Scheufele) Randazzo</b> , P.T. (LeDuc)
Faulkner Hospital, 1153 Centre Street, <b>Boston, MA</b> 02130 Dept. Phys. Ther., Outpatient Occupational Therapy Dept.	(617) 983-7271 CDP/MLD therapist: <b>Laurel Lee</b> , P.T. (LeDuc) (617) 983-7287: <b>Stacey Perreault</b> , O.T. (Miller, LeDuc)
Franklin Medical Center, BayState Rehab Care 48 Sanderson Street, <b>Greenfield, MA</b>	(413) 773-2227 CDP/MLD therapist: <b>Kara Jacobsen</b> , P.T. (Vodder)
Health Alliance Burbank Hospital 275 Nichols Road, <b>Fitchburg, MA</b> 01420	(978) 343-5015 CDP/MLD therapist: <b>Laurie Collins</b> , P.T. (Lerner)
Healthsouth at St. Joseph's, Rehab. Dept. 220 Pawtucket Street, <b>Lowell, MA</b> 01854	(978) 446-1565 CDP/MLD therapist: <b>Gail Hall</b> , P.T. (Bergel)
Heywood Hospital Rehab Center 69 Pearson Blvd., <b>Gardner, MA</b> 01440	(978) 630-6900 ext. 6940 CDP/MLD therapist: <b>Charlene Costa</b> , O.T. (Lerner)
Kessler-Lerner Lymphedema Services 304 Chestnut Street, <b>Needham MA</b> 02492	(781) 444-1108 CDP/MLD therapist: <b>Terry McKeon</b> , P.T. (Lerner) <b>Linda Wabrek</b> , P.T. (Lerner)
Kessler-Lerner Lymphedema Services 440 Grove Street, <b>Worcester, MA</b> 01605	(508) 853-3339 CDP/MLD therapist: <b>Sally Pelak</b> , P.T. (Lerner)

Mary Lane Hospital, BHS  
85 South Street, **Ware, MA** 01082

(413) 967-2181  
CDP/MLD therapist: **Laura Carson**, P.T. (Lerner)

MetroWest Medical Center, Wellness Clinic  
761 Worcester Road, **Framingham, MA** 01701

(508) 271-2083  
CDP/MLD therapist: **Bonnie Potter**, P.T. (Chickly)

Newton/Wellesley Hospital, Rehab Dept.  
2014 Washington Street, **Newton, MA** 02462

(617) 243-6172  
CDP/MLD therapist: **Linda Dudis**, P.T. (LeDuc)

Southcoast Rehab Services  
101 Page Street, **New Bedford, MA** 02700

(508) 961-5460  
CDP/MLD therapist: **Janet Gillis**, P.T. (Feltman)

South Shore Hospital, Outpatient Rehab Dept.  
55 Fogg Road, **South Weymouth, MA** 02190

(781) 340-8140  
CDP/MLD therapist: **Trish Sweeney**, O.T. (Bergel)

Spaulding Rehab Hospital  
125 Nashua Street, **Boston, MA** 02114

(617) 573-2940 or 573-2941  
CDP/MLD therapist: **Lilian Dayan-Cimadoro** (Zuther)

St. Anne's  
795 Middle Street, **Fall River, MA** 02720

(508) 674-5600 ext. 2616 (Rehab. Dept.):  
CDP/MLD therapist: **Joan Janick**, O.T. (Lerner)  
(508) 675-5688 ext. 2334 (Oncol. Dept.):  
CDP/MLD therapist: **Susan Gagne**, R.N. (Lerner)

Winchester Hospital-Orthopedics Plus  
**Wilmington, MA**

(978) 988-6025  
CDP/MLD therapist: **Katrina (Wollam) Brow**, P.T., (Le Duc)

### **New Hampshire:**

Dartmouth-Hitchcock Medical Center  
1 Medical Center Drive, **Lebanon, NH**

(603) 650-5978  
CDP/MLD therapist: **Charlene (Drake) Gates**, P.T. (Lerner)

Frisbie Memorial Hospital  
**Rochester, NH** 03867

(603) 335-8435  
CDP/MLD therapist: **Tracey Huppe**, P.T. (Vodder)

Southern New Hampshire Rehab, Outpatient Rehab  
460 Amherst St., **Nashua, NH** 03063

(603) 577-8400  
CDP/MLD therapists: **Kristine Olson**, P.T. (Casley-Smith)  
**Linda Boucher-Mondale**, O.T. (Lerner), **Sondra Affolter**, P.T. (Bergel)

Wentworth Douglas Hospital  
789 Central Ave., **Dover, NH** 03820

(603) 740-2101  
CDP/MLD therapist: **Linda Sheehan**, P.T. (Lerner)

### **Rhode Island:**

Roger Williams Medical Center  
825 Chalkstone Ave., **Providence, RI**

(401) 456-2228  
CDP/MLD therapists: **Kerri McMahon**, P.T. (Lerner)  
**Emese Bod**, P.T. (Lerner)

Rehab Hospital of Rhode Island  
116 Eddie Dowling Highway, **N. Smithfield, RI** 02895

(401) 766-0800 x 5219  
CDP/MLD therapist: **Elizabeth Miner**, OTR (Zuther)

### **Maine:**

St. Joseph Hospital Lymphedema Clinic  
360 Broadway  
**Bangor, ME** 04402-0403\_\_\_\_\_

(207) 262- 2212  
CDP/MLD therapist: **Sheryl Sparlin**, R.N. (Lerner)  
**Nancy Fortin** (Lerner)

Bennett Breast Care Center  
12 High Street, Suite 103, **Lewiston, ME** 04240\_\_\_\_\_

(207) 795- 2100  
CDP/MLD therapists: **Lorri Pelletier**, OTR-L (Lerner, LANA)  
**Gisele Castonguay**, RN, BSN (Zuther, LANA)

**CDP/MLD Therapists Working Independently:**

<b>Massachusetts:</b>	Tara Ascioti, P.T. (Lerner)	Winchester, MA	(781) 756-2488	
	Paula Barron, R.P.N. (Vodder, Lerner)	Northampton & S. Deerfield, MA	(413) 585-5146	
	Eric Beutner (Vodder)	Jamaica Plain, MA	(617) 524-1410	
	Martha Braun (Vodder)	Shelburne Falls, MA	(413) 527-9751	
	Wendy DeWall, O.T. (Lerner)	Winchester, MA	(781) 756-2488	
	Mathilde Eliason (Foeldi)	Mashpee, MA	(508) 477-3155	
	Marcia Gaye (Vodder)	Wellfleet, MA	(508) 349-7259	
	Janet Hebert (Vodder)	Lancaster, MA	(978) 368-0696	
	Rebecca Hecox, MSPT (Miller, LANA)	Hingham, MA		(Does home visits)
	Ali Lowell, R.N. (Lerner)	Stoneham, MA	(781) 438-0704	
	Carol Marquis (Vodder)	Newburyport, MA	(978) 363-5153	
	Heather McElroy, P.T.A. (Lerner)	Charlton, MA	h. (508) 248-6612	w. (508) 595-0166
	Kathleen Moniz, P.T. (Klose)	N. Fallmouth, MA	(508) 564-5620	
	Ana Perez Lugones (Lerner)	Arlington, MA	(781) 641-3475	(Does home visits)
	Nancy Roberge, P.T. (Chickly, LeDuc)	Newton Center, MA	(781) 263-9977	
	Nora E. Samarov, MD Russia (Vodder)	Brookline, MA	(617) 566-7124	(Does home visits)
	Cindy Stewart (Vodder)	Cambridge, MA	(978) 771-9021	(Maintenance only)
	Rhonda Sommer (Vodder, LANA)	Plymouth, MA	(508) 212-8722	
Wendy Wood, P.T. (Vodder)	Cambridge, MA	(617) 864-4200		
Ming Zheng (Lerner)	Framingham, MA	(508) 872-6464		
<b>Maine:</b>	Nancy J. Fortin (Lerner)	South China, ME	(207) 445-4381	
	Alona Harris (Vodder)	Portland, ME	(207) 879-9380	
	William J. McKenna (Lerner)	Pittsfield, ME	(207) 487-4467	
	Betty-Jane St. Jean Lomas (Vodder)	Lubec, ME	(207) 733-2567	
<b>New Hampshire:</b>	Amy Cunningham (Vodder)	Manchester, NH	(603) 625-2131	
	Joanne Lyson, P.T. (Lerner)	Manchester, NH	(603) 625-2131	
	Patricia MacDonald, RN, LMT (Vodder)	Goffstown, NH	(603) 497-3255	
	Michele McLellan, P.T.II (Vodder)	Nashua, NH	(603) 881-5554	
	Sheila Parkhurst (Lerner)	Colebrook, NH	(603) 237-5007	
	Elaine Perkins, P.T. (Bergel, Miller)	Bedford, NH	(603) 644-8649	
	Beth Savage (Vodder)	Manchester, NH	(603) 647-3055	(does home visits)
Cindy Stewart (Vodder)	Keene, NH	(603) 357-2307		
<b>Rhode Island:</b>	Nicolette Ciano (Lerner)	Providence, RI	(401) 272-8584	
	Janice Hulme, Ph.D., (Miller, Feltman)	Warwick, RI	(401) 461-0225	
<b>Connecticut:</b>	Deanna Marchiselli-Flynn (Lerner)	Danbury, CT	(203) 730-5900	
	Ruth Connal, P.T. (Vodder)	Windsor, CT	(860) 683-0080	
	Jane T. Reinsch, MA, P.T. (Vodder)	Windsor, CT	(860) 683-0080	
<b>Vermont:</b>	Leslie Bell, P.T. (Lerner)	South Burlington, VT	(802) 864-3785	
	Julia Creed Child, P.T. (Casley-Smith)	Middlebury, VT	(802) 388-4572	
	Lindsay Crossman (Vodder)	Brattleboro, VT	(802) 257-0571	
	Charlene Drake Gates, P.T. (Lerner)	Norwich, VT	(802) 649-8495	
	Mary Flemming, R.N. (Casley-Smith)	Moretown, VT	(802) 496-3085	
	Patricia H. Highley (Vodder, Foeldi)	Bristol, VT	(802) 453-2236	
	Susan Hollister (Vodder)	Stowe, VT	(802) 253-6819	
	Kristi Johnson, P.T. (Casley-Smith)	South Burlington, VT	(802) 864-3785	
	Marie Mcleod, P.T. (Casley-Smith)	Burlington, VT	(802) 862-0299	
	Kristine Moore (Vodder)	Lyndonville, VT	(802) 626-5760	
	Catherine Munteanu, P.T. (Casley-Smith)	Middlebury, VT	(802) 388-3533	
	Lee Nelson, P.T. (Vodder, Casley-Smith)	Essex Junction, VT	(802) 656-2245	
	Gail O'Brien, P.T. (Casley-Smith)	Bennington, VT	(802) 447-2101	
	Nancy Phelan, P.T. (Lerner)	Williston/Shelburne, VT	(802) 985-4132	
	Tracy Titchner, P.T. (Vodder)	Williston/Shelburne, VT	(802) 878-5301	